

BCC WOMEN'S RACE TEAM 2017 REPORT

Season 2017





MEET THE BCC WOMEN'S RACE TEAM

Launching their maiden season with great optimism.



Left to right.

Front row: Heather, Laura, Sally.

Back row: Cheryl, Yasmin, Izzy.



BCC WOMEN'S RACE TEAM

Thanking our sponsors and private individuals for their support.



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John McCay
Club Chairman
Beeston Cycling Club

In our 2016 race report I mentioned the club would be announcing further initiatives to build on the success of the men's racing team. We were delighted to update the club and sponsors at our 2016 AGM that we would be launching a women's racing team and recruiting young riders to develop racing opportunities for all.

Our ladies affectionately known as the 'Queen Bees', have taken the season by storm winning races with style and performing well in highly competitive elite level races. Their team spirit in training and racing for each other has been admired by fellow racers, officials and spectators. Their immediate success at the start of the season had seen other teams quickly single them out as a force to be reckoned with.

Their achievements in our maiden season will see our squad grow from 6 to 8 riders in 2018. However, the real success has been supporting a women's team that will have a sustainable future and encourage more female cyclists to get involved in this great sport. We appreciate the support from our sponsors and club members and we look forward to the next season with real optimism.

Sally Maitland
Directeur Sportif
BCC Racing Team

The women's squad has a mixture of experience and strength and the racers have progressed beyond their believed ability. It has been a pleasure to watch them develop their race craft and bring home points and silverware.

Laura and Izzy only had triathlon and pursuit experience on the track, but their power quickly transformed into points. Laura gained her Cat 2 licence in the summer and did the club proud by crossing the line in 8th position at the Regional Championships. Izzy also gained her Cat 2 licence, but had to take time out to present a paper in Texas and lose valuable race opportunities to progress further.

Cheryl and Yasmin had raced before, with Yasmin easily becoming Cat 2 early in the summer. They have excelled themselves by holding their own in elite level races and demonstrated their road race ability on some technical hilly circuits.

Completely new to racing, Heather showed much bravado in entering a stage race as her first event. She courageously even raced in Belgium. A venue we wish to revisit as a team later next season.

Next season our aim is to field a team of 4 in a range of the Women's Team Series races, to retain our 4 up TT trophy, May 6th at the Hinckley CRC event, and get more placings in the Regional Championships.

In an effort to encourage more women to try racing, Beeston Cycling Club are looking into the possibility of promoting a women's road race in the East Midlands, as there is a real shortage of road races at entry level across the country.

Over the last three years we have seen tangible evidence of the legacy being created by Beeston Cycling Club's race teams.

Special thanks go to Richard Oakes, Club Secretary and Phil Giles, Race Squad Captian for their support throughout the season.

For all things racing, check out our club website:
www.beeston.cc/racing





SEASON HIGHLIGHTS

2017

SEASON HIGHLIGHTS FOR THE
WOMEN'S RACE TEAM IN THEIR
EXCITING MAIDEN SEASON

6

SQUAD MEMBERS:
HAVE BUILT UP A STRONG BOND
AND SUPPORTIVE TEAM SPIRIT

52

RACES ENTERED: ACROSS
THE REGION AND FURTHER
AFIELD IN THE UK AND BELGIUM

48

TOP 10 PLACINGS: IN HIGHLY
COMPETITIVE RACES RANGING
ACROSS CAT: 2/3/4

8

WINNER JERSEYS: ACROSS ALL
RACING DISCIPLINES, FROM ROAD,
TIME TRIALS AND HILL CLIMBS

14

PODIUM FINISHES: THE RESULT
OF OUR TEAM PUSHING
THEMSELVES AND EACH OTHER

WIN

HINCKLEY 4UP 25MILE TT:
FANTASTIC RESULT AGAINST
STRONG OPPOSITION

10 RACES

WITH AT
LEAST 3 RIDERS IN THE TOP 10:
A STRONG TEAM PERFORMANCE
AND GREAT RACE TACTICS

2018

WE WILL BUILD ON THE SUCCESS
TO BECOME ONE OF THE BEST
WOMEN'S EAST MIDLANDS TEAM



TRAINING AND RACING FOR EACH OTHER

BCC Squad 2017

Sally Maitland

Izzy Wild

Yasmin Marks

Heather Grace-Douglas

Cheryl Vaughan

Laura Owler



YASMIN MARKS



YASMIN MARKS **Palmares**

A good season for Yasmin finishing top 10 in 11 races, with some impressive road race results.

PALMARES: 5th in the Harrogate Nova and Verulam Road Races. 4th in the Nottingham GP and Yarborough Criterium. 20th place in the elite Holme Valley 4 stage road race establishing Yasmin's credentials. Highly placed for a top 10 finish in the premier East and West Midlands Regional Championships but a large bunch crash ended her season. Winner of Hinckley RC 4up 25mile TT. Yasmin rose from Cat 3 to Cat 2 in her first season racing with Beeston Cycling Club.

09/04/17 - 7th
The Karbona Circuit Races, Cat 2/3/4

Summer Series - 8th, 8th, 9th, 11th, 9th
Mallory Park, Senior Circuit League, Cat 2/3/4

17/04/17 - 4th
Yarborough Criteriums, Cat 3/4

Summer Series - 9th, 13th, 5th
Darley Moor, Senior Circuit League, Cat 2/3/4

07/05/17 - Winner
Hinckley RC, 4up 25 mile Time Trial, Open Series

21/05/17 - 4th
Nottingham University GP, Cat 2/3/4

28/05/17 - 5th
Verulam, Really Moving Road Races, Cat 2/3/4

03/06/17 - DNF crash
Croston Velo Road Race, Cat 3/4

09&10/06/17 - Top 20
Holme Valley Wheelers 2 day, 4 Stage Races, Cat E/1/2/3

18/06/17 - 5th
Harrogate Nova, Summer Road Race, Cat 1/2/3

23/07/17 - 15th
Duncan Murray Wines Road Races, Cat E/1/2/3

20/08/17 - DNF crash
East & West Midlands Regional Champs, Cat E/1/2/3/4



CHERYL VAUGHAN



CHERYL VAUGHAN **Palmares**

A solid season for Cheryl finishing top 10 in 9 races, with some impressive road race performances.

PALMARES: 3rd in the Harrogate Nova. 5th in the Yarborough Criteriums. 15th in National Masters RR Championships. Winner of Hinckley RC 4up 25mile TT. Cheryl is Cat 3 and was just outside the points for Cat 2.

Summer Series - 11th, 9th

Mid Shropshire Wheelers, Team Races, Cat E/1/2/3/4

09/04/17 - 13th

The Karbona Circuit Races, Cat 2/3/4

Summer Series - 7th

Harvey Hadden, Senior Circuit League, Cat 2/3/4

17/04/17 - 5th

Yarborough Criteriums, Cat 3/4

Summer Series - 8th, 6th

Darley Moor, Senior Circuit League, Cat 2/3/4

07/05/17 - Winner

Hinckley RC, 4up 25 mile Time Trial, Open Series

28/05/17 - 12th

Verulam, Really Moving Road Races, Cat 2/3/4

03/06/17 - 6th

Croston Velo Road Race, Cat 3/4

18/06/17 - 3rd

Harrogate Nova, Summer Road Race, Cat 1/2/3

23/07/17 - 10th

Duncan Murray Wines Road Races, Cat E/1/2/3

30/07/17 - 15th

National Masters RR Championships

20/08/17 - DNF crash

East & West Midlands Regional Champs, Cat E/1/2/3/4

27/08/17 - 10th

York Cycleworks Road Race, Cat E/1/2/3

03/09/17 - 16th

Coalville Wheelers Team Series, Cat E/1/2/3



IZZY WILD



IZZY WILD

Palmares

An impressive season for Izzy finishing top 10 in 8 races, with strong and aggressive road performances.

PALMARES: Izzy made the great transition from track to road with a 4th in the Leicester Castle Classic, a 5th in the Mallory Park League race and an 8th in the Nottingham GP. Izzy tested herself against the elite in the Abbygate Summer Series race and gained a great 7th place. Winner of Hinckley RC 4up 25mile TT. Izzy rose from Cat 4 to Cat 3 in her first season racing with Beeston Cycling Club.

Summer Series - 6th, 4th
Harvey Hadden, Senior Circuit League, Cat 2/3/4

19/03/17 - 14th
Mid Shropshire, Wheelers Circuit Race, Cat E/1/2/3/4

Summer Series - 10th, 10th, 5th
Mallory Park, Senior Circuit League, Cat 2/3/4

17/04/17 - 10th
Yarborough Criterium, Cat 3/4

Summer Series - 8th, 12th
Darley Moor, Senior Circuit League, Cat 2/3/4

07/05/17 - Winner
Hinckley RC, 4up 25 mile Time Trial, Open Series

21/05/17 - 8th
Nottingham University GP, Cat 2/3/4

Summer Series - 14th, 7th, 28th
Abbeygate, Summer Series Road Races, Cat 2/3/4

10/06/17 - Finished great experience racing with elite.
Rapha London Nocturne, Cat E/1/2/3

11/06/17 - 22nd great experience racing with elite.
Winchester Criterium & Regional Champs, Cat E/1/2/3

12/08/17 - 4th
Leicester Castle Classic, Cat 2/3/4

16/08/17 - Finished raced with the lads for the sheer fun.
Overst Road Race League, Cat 3/4



LAURA OWLER



LAURA OWLER **Palmares**

As the season developed Laura got stronger and sharper, resulting in 2 wins and 13 top 10 finishes.

PALMARES: 5th in the BUCS National Circuit Championships. 8th in the East & West Midlands Regional Championships. Winner of a Harvey Hadden League race. Winner of Hinckley RC 4up 25mile TT. Laura rose from Cat 4 to Cat 2 in her first season.

Summer Series - Winner, 11th, 2nd
Harvey Hadden, Senior Circuit League, Cat 2/3/4

19/03/17 - 18th
Mid Shropshire, Wheelers Circuit Race, Cat E/1/2/3

Summer Series - 6th, 6th, 10th
Mallory Park, Senior Circuit League, Cat 2/3/4

17/04/17 - 11th
Yarborough Criteriums, Cat 3/4

Summer Series - 16th, 2nd,
Darley Moor, Senior Circuit League, Cat 2/3/4

07/05/17 - Winner
Hinckley RC, 4up 25 mile Time Trial, Open Series

14/05/17 - 5th
BUCS Circuit Championships, Cat E/1/2/3

21/05/17 - DNF puncture
Nottingham University GP, Cat 2/3/4

28/05/17 - 10th
Verulam, Really Moving Road Races, Cat 2/3/4

05/07/17 - 10th
HHCC Bovingdon Bomber Criterium, Cat 3/4

06/07/17 - 6th
Milton Keynes Bowl Race League Series, Cat 2/3/4

Summer Series - 12th, 6th, 4th
Abbeygate, Summer Series Road Races, Cat 2/3/4

12/08/17 - 9th
Leicester Castle Classic, Cat 2/3/4

20/08/17 - 8th
East & West Midlands Regional Champs, Cat E/12/3/4



HEATHER GRACE-DOUGLAS



HEATHER GRACE-DOUGLAS

Heather used her first season to gain her race craft with strong team performances and 4 top 10 finishes.

PALMARES: During the early season Heather was finding her form and used this to stage early breaks for the team. Her early season team work paid off and she was rewarded with a great 10th in the Leicester Castle Classic against stiff opposition. Heather also gained top 10 finishes in the Lichfield Curborough Circuit and the Mallory Park Circuit race. A notable highlight was a 10th in the York Sport Cycling Student Race racing against an elite field. Her ambitions to improve have seen her enter races in the highly competitive Belgium Road Race League. Heather remains at Cat 4 and is looking to get to Cat 2 in season 2018.

15/03/17 - 10th
York Sport Cycling Student Race, Cat 2/3/4

Summer Series - 10th
Mallory Park, Senior Circuit League, Cat 2/3/4

17/04/17 - DNF fatigue, return from racing in Belgium
Yarborough Criterium, Cat 3/4

28/05/17 - DNF crash
Verulam, Really Moving Road Races, Cat 2/3/4

03/06/17 - 26th
Croston Velo Road Race, Cat 3/4

06/07/17 - 11th
Milton Keynes Bowl Race League Series, Cat 2/3/4

14/07/17 - 10th
Lichfield, Curborough Circuit, Cat 2/3/4

Summer Series - 11th, 12th
Abbeygate, Summer Series Road Races, Cat 2/3/4

12/08/17 - 10th
Leicester Castle Classic, Cat 2/3/4

Belgium summer races - Training abroad
Belgium League Races, Cat 2/3/4 equivalent



SALLY MAITLAND



SALLY MAITLAND

Sally recorded wins across all 3 of her disciplines: Road Racing, Time Trials and Hill Climbs.

PALMARES: Sally is Team Manager and uses her experience and strength as a super domestique selflessly working to set her team members up for the final push to the finish line. Those hard efforts helped her claim 3 well-earned top 10 finishes. Her strength showed through in the LVRC League Wolverton Circuit, recording a great 8th overall in her age category and winner of the ladies category. What makes this impressive is that she held her own against former National Champions 10 years older than her.

In the Open Time Trial discipline she won 5 of the 13 races in the ladies category and came 2nd in the Holly Lane Open Hill Climb competition. Sally's focus on different disciplines means that she isn't driven on gaining Cat levels which allows her to concentrate on burying herself in the races to help her team mates race for the glory.

Summer Circuit Series - 9th
Mallory Park, Senior Circuit League, Cat 2/3/4

28/05/17 - 16th
Verulam, Really Moving Road Races, Cat 2/3/4

18/06/17 - 10th
Harrogate Nova, Summer Road Race, Cat 1/2/3

Summer Circuit Series - 8th, 16th
Darley Moor, Senior Circuit League, Cat 2/3/4

Winner (ladies category)
LVRC Road Race, Kenilworth Wheelers

8th overall (in age category)
LVRC Road Race, Kenilworth Wheelers

5 wins out of 11 Time Trials
Open Time Trials (ladies category)
Ranging from 10, 25 and 50 miles

2nd
Holly Lane Open Hill Climbs
Promoted by Belper Bicycle Club
Sally also came 1st in her veteran's category





2017 SEASON REVIEW

WINNERS

**HINCKLEY RC 4 UP,
25 MILE TIME TRIAL**



Riders smash personal records as season gets off to flying start

TIME trialling season got off to a smashing start this year for Hinckley Cycle Racing Club (HCRC).

The weekly Tuesday night events have seen some new faces in amongst the regulars and there's been more than 40 participants on several weeks already.

Various riders have achieved personal best times and course personal bests since the season began on April 4.

These include Simon Law who recorded a course personal best time of 21:59 on May 2, Mark Stewart recorded a personal best of 24:31 on May 9 and Llewellyn LeGant recorded a time of 30:47 as his first ride on April 25.

There have also been some fast females competing each week this year, including Claire Davies who was the fastest female on three occasions with her fastest time being 27:15, then April Tacey rode a very impressive time of 23:49, Emma Hill recorded a personal best of 28:40 and Amy Mann recorded a time of 33:37 for her first ride all on May 9.

On Sunday May 7 HCRC hosted its first Open 4-Up Team Time Trial which saw 27 teams of four riders - including seven all-female teams - took to the 25-mile

time trial in aid of the Defence and National Rehabilitation Centre.

Many parts of the county were well represented with teams from Lutterworth Cycles, Warwickshire Ladies CC and the Royal Marines showing their support.

The HQ at Wolvey Primary School was a hive of activity on the morning of May 7 as 108 riders prepared for a monumental event in Hinckley Cycle Racing Club's 2017 calendar.

Spirits were high amongst the competitors as both the weather and the wind cleared to give fantastic conditions.

There were swift times across the board from all the teams with ten breaking the hour.

It was extremely close in the men's competition with only two minutes separating first and third but Lutterworth cycles claimed the vic-

tory with an amazing time of 49:54, followed closely by Team Bottrill in both second and third with times of 50:44 and 51:42 respectively - so a great result for them.

It was also close in the women's race with the Beeston Cycling Club having an eventful ride but still achieving a time of 1:07:42. Second and third place for the women was scooped up by riders from Hinckley CRC.

A spokesman for the HCRC said: "Congratulations to the winners as well as everyone who took part. It was also great to see some much-needed funding raised for The Defence and National Rehabilitation Centre."

"During the prize presentation ceremony riders were treated to a truly inspirational speech by Luke Wigman - former SAC and ambassador for The Defence and National Rehabilitation Centre."



**GREAT COVERAGE
IN THE REGIONAL
PRESS**





Left to right. Laura, Izzy, Yasmin and Cheryl receive their trophy at the BCC end of season team dinner.

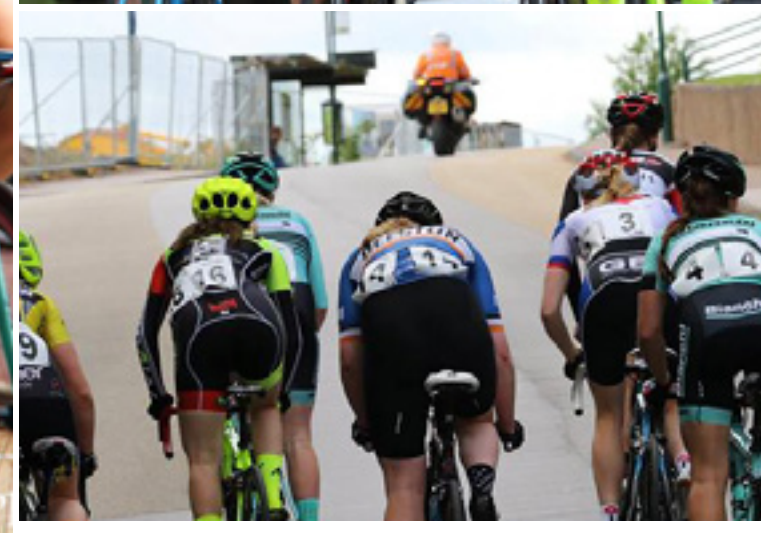
FAST AND FURIOUS AT THE NOTTINGHAM UNIVERSITY GP

Cat 2/3/4



@DSCyclingPhotos

**A STRONG TEAM
EFFORT EARNING A
GREAT 4TH PLACE**



@DSCyclingP

VERULAM RR - TEAM WORKED WELL WITH THREE IN TOP 15

Cat 2/3/4



MALLORY PARK SUMMER SERIES CIRCUIT RACING

Cat 2/3/4



A FULL SEASON CRAFTING THEIR TEAM TACTICS



HARD RACING AND PUSHING TO THE LIMIT



LOOKING FOR THE
BREAK AT EVERY
OPPORTUNITY



**STORMS DON'T
DAMPEN THEIR
FIGHTING SPIRIT**



ALWAYS ON IT AND
EARNING MANY TOP
10 TEAM FINISHES



HARVEY HADDEN

Cat 2/3/4

A LEAGUE OF RICH PICKINGS



THE TEAM WORKED
HARD FOR LAURA TO
EARN THE **WIN**



HARROGATE NOVA RR - THE TEAM GOT A GREAT PODIUM

Cat 2/3/4



DARLEY MOOR

Cat 2/3/4

A TESTING AND TOUGH CIRCUIT





**WATCHING FOR THE
BREAK TO BLOW THE
RACE WIDE OPEN**



A GREAT HUNTING GROUND WITH MANY TOP 10 FINISHES



CONTROLLING THE RACE WITH FIVE IN THE TOP 10





**THANK YOU FOR ANOTHER GREAT SEASON.
PREPARATIONS FOR A SUCCESSFUL 2018
ARE ALREADY UNDERWAY.**

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www.beeston.cc/racing

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